

## Level 3 Extended Certificate

# Sport

Part of the A Level Programme - to study alongside 2 A Levels

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### Why study this course at Cronton Sixth Form?

We have excellent industry links, and you will benefit from the opportunity to support coaching in schools, go on industry visits and hear from guest speakers. Our staff have a wealth of sporting experience and will fully support your progress on the course and in your sport. In addition to your main qualification, you will also have the opportunity to gain coaching and officiating awards.

### What will I study?

You will study the principles and practices within the sport and coaching industry. It is a mainly a theoretical course that analyses many aspects of sport and it is delivered through a variety of methods, within the classroom, the sports hall and fitness suite. Sport is so much more than just the actual match or event, it is about training, equipment, nutrition, funding, the mind, and science. Modules to be studied include: Anatomy & Physiology, Leadership in sport, Fitness Training & Programming & Professional Development.

### How will I be assessed?

The course involves 50% exams and 50% assignments over the two years. This course is equivalent to 1 x A Level.

### Entry Requirements

A minimum of 3 x Grade 5's and 2 x Grade 4's at GCSE including a Grade 5 in English Language, a Grade 5 in Maths. The Sport BTEC course is equivalent to one A Level and will be studied alongside two other A Levels as part of an A Level programme of study.

### Can I study this course if I have not taken it at GCSE?

Yes (However, it is preferable to have studied GCSE or BTEC sport at school).

## Centre of Sporting Excellence

Students studying sport at Cronton will be part of a Centre of Sporting Excellence. Our coaches are committed to helping young athletes develop and excel both academically and professionally.

Our extensive elite sporting opportunities include individual coaching, prestigious and high profile sporting partnerships, scholarships, links with governing bodies and an international ski trip. The focus is on encouraging and supporting every student in maximising their performance in their chosen sport.



## Opportunities

You will also have the opportunity to join one of the college sports teams, including:

- Football teams
- Rugby teams
- Netball team
- Basketball team

You can also represent the college at AOC competitions



## New Sport Facilities

Including:

- Modern gym
- Sports hall
- Changing facilities



## Talented Athlete Scholarship Scheme (TASS)

The Centre of Sporting Excellence at Cronton Sixth Form can support talented athletes studying any programme with their sporting and academic success with the TASS programme.

## Enrichment Opportunities

Students studying A level and Vocational Sport at Cronton had the opportunity to go Skiing in France and visit Barcelona, these experiences have provided them with the opportunity to travel, complete work experience, take in different cultures, grow on a personal level and make lifelong friendships.

Students can also take part in a full Sport enrichment programme and talented sports performers will have the opportunity to join our Centre of Sporting Excellence with access to the fitness suites. Our coaches are committed to helping young athletes develop and excel both academically and professionally. Our extensive elite sporting opportunities include individual coaching, prestigious and high-profile sporting partnerships, scholarships, links with governing bodies and an international ski trip. The focus is on encouraging and supporting every student in maximising their performance in their chosen sport.

## What can this course lead on to?

On successful completion of the Diploma it is possible to progress into Higher Education to study in the following areas:

- Sport and Exercise Studies
- Physical Education Teaching (primary and secondary)
- Sport Therapy
- Coaching Science
- Health, Sport Performance and Nutrition
- Sport Development

Alternatively, students who have completed this programme have gone on to study to become a Fitness Instructor / Personal Trainer or have successfully completed an Apprenticeship in Physical Education and Sports Coaching. There are also opportunities to apply for the armed

forces, or to seek employment within leisure centres, health clubs or sport coaching within the UK or abroad. Past students have gone onto Higher Education on one of the many sports degree courses available, or have obtained employment within the fitness industry, sport development centres or community football coaches.

## Any additional costs?

Students will be expected to purchase the course kit package that is £48.50 and make a contribution to trips and visits that are organised to support curriculum delivery.

## What have previous students said about this course?

“The staff are trained in that area very highly and most of them are competing or have competed in their field. The facilities in the College are amazing from the gym, sport’s hall and their outdoor playing field.”

## Scholarships

Talented sport students can also apply for our scholarships, worth up to £2000 each.

## Meet the Students

Name:  
**Tobey Lamph**

Previously from:  
**The Heath School**

Destination:  
**University of Bolton,  
Physiotherapist**

Vocational Results:  
**Level 3 National Extended  
Diploma in Sport  
Distinction\* Distinction\*  
Distinction**

