

Level 2 NCFE Sport (Coaching)

What will happen in my first week?

Your induction will include an introduction to your class, team building (potential trip) and group tasks. You will need practical kit as we will be completing a variety of team sports to help you get to know your classmates.

What can I look forward to in my first year?

In your first year you will learn inside and outside of the classroom, guest speakers will be invited to discuss nutrition, coaching and leadership. You will also visit a number of local schools during your coaching module and participate in leading the Halton School Games.

Which modules will I study in my first term?

1. Participation in Sport
2. Planning and Leading an Event
3. Developing Sporting Skills and Tactical Awareness
4. Anatomy and Physiology for Exercise

What will my timetable look like?

You will be in College for 3 days a week. During that time you will spend some hours doing practical either in the sports hall or gym where you will be developing the practical skills to instruct fitness and healthy lifestyles. During your course you will undertake work experience in the sports industry, you will be supported in finding a work placement, and many students have carried out their work placements in schools, gyms and at local sports clubs. You will also have a 1 hour tutorial session with your assigned Personal Tutor, during this slot your personal tutor can support you to develop vocational pathways to work, develop your CV and prepare for the world of work. You will also study towards Maths and English qualifications for 3.5 hours per week. You will study the theory elements of the subjects within the classroom setting which will prepare you for your assignments, verbal discussions and presentations.

Do I need to buy any equipment or kit?

You will need practical kit for every day you are in college; a college bundle of kit is available from Macron link below:

<https://www.macronstorenw.co.uk/create/Sports-Public-Services?c=7112701>

You will need an A4 pad, plenty of pens, a level arch file and a memory stick to store your work.

What will my timetable look like?

You will be in college for 3 days a week you will also take part in an Industry Placement during the two days you are not in college classes. During the college week you will have an hour tutorial session with your Personal Tutor who will help and support you throughout your college life. They will support your individual career path and help to develop in your chosen sector. They will also help with university and job applications to university, C.V's and will keep you informed of any college events or important information.

Are there any books I need to buy or useful websites I should look at?

There are no specific books you need to buy for this course, your course tutor has purchase the work booklets for you and you can access these through Solar once your course has started, if you would like to have a look at the qualification to get a head start you can visit:

<https://www.qualhub.co.uk/qualification-search/qualification-detail/ncfe-level-2-certificate-in-sport-sports-coaching-4473#:~:text=This%20qualification%20is%20for%20I earners,within%20employment%20in%20the%20secto>

