

# Level 3 Extended National Diploma in Health and Social Care

## What can I look forward to in my first year?

This course will give you an insight into Health and social Care. Throughout your first year you will gain specific subject knowledge which includes units such as Anatomy and Physiology, human lifespan and Working in the sector. Throughout the two years you will need to complete 150 hours work placement. This will support you in developing many transferable work-related skills that are highly valued by employers in the health and social care sector and this will increase your employability / university progression.

## Do I need to buy any equipment or kit?

Yes, you need the following:

- DBS form (police check) and a college polo shirt (mandatory within College), black trousers and flat black shoes for placement.
- Access to a computer and the Internet.
- Time!

## What will my timetable look like?

- You will be in college for 2/3 days a week and one day a week for work placement opportunities. During your time in college you will spend some time in the simulated ward where you will be developing the practical and clinical skills to become a Health and social care practitioner.
- You will also have an ASPIRE session with your assigned personal tutor who will support you with your studies, with employability skills and with the UCAS application process if you decide to go to university.
- You will also spend valuable time researching information for your assignments that will aid to develop skills to be independent learner.

## Are there any books I need to buy or useful websites I should look at

Pearson BTEC National Health and Social Care Level 3 student book 1

Pearson BTEC National Health and Social Care Level 3 Student Book 2

## What will happen in my first week ?

You will take part in a range of fun activities that will help you to get to know the other students in your group and the tutors who will teach you. You will be given an overview of the course and get to know the college a little better.

## Other modules I will be studying throughout my first year:

**Human Lifespan:** You will be studying physical, intellectual, emotional and social development across human lifespan, and the factors affecting development and effects of ageing.

**Mental Health:** You will investigate differing types of mental health conditions including signs and symptoms and also study strategies to support individuals.

**Working in the health and social care sector:** You will research the different roles giving you the opportunity to gain an insight into the career pathways that are available in the different sectors.

