

# Health (T Level) – Nursing Cadets

## What can I look forward to in my first year?

This exciting and innovative course will enable you to gain a nationally recognised qualification that will allow you to progress in a variety of directions.

You will study a wide range of subjects including practical clinical skills, knowledge of both human anatomy and physiology and of diseases and disorders and infection prevention and control. Throughout the two years you will need to complete 315 hours industry placement. The Level 3 Technical Qualification in Health will provide you with the knowledge, skills and behaviours needed to progress onto a higher level of study such as a BA (Hons) degree in Adult & Children's Nursing, Mental Health & Learning Disability Nursing as well as degrees in other allied health professions roles.

## Do I need to buy any equipment or kit?

Yes, you need the following:

- DBS form (police check) and a college polo shirt (mandatory with College), black trousers and flat black shoes for placement.
- Access to a computer and the Internet.
- Time!

## What will my timetable look like ?

- You will be in college for 3 days a week and two days a week for work placement opportunities. During your time in college, you will spend some time in the simulated ward where you will be developing the practical skills to become a Health professional.
- You will also have an ASPIRE session with your assigned personal tutor who will support you with your studies, with employability skills and with the UCAS application process if you decide to go to university.
- You will also spend valuable time researching information for your assignments that will aid to develop skills to be independent learner.

## Are there any books I need to buy or useful websites I should look at

Many of the resources are provided for you via our virtual learning environment which is called SOLAR. Your tutors will give you a full understanding of how to use this during the first sessions on the course. We do not ask students to purchase specific texts, but will offer guidance on books if learners do wish to buy their own copies. The NHS website is a great starting resource for researching many aspects of Allied Health care, and we will introduce learners to a range of academic sources as the course develops.

## What will happen in my first week?

You will take part in a range of fun activities that will help you to get to know the other students in your group and the tutors who will teach you. You will be given an overview of the course and get to know the college a little better.

## Other modules I will be studying throughout my first year:

- Working within the health and science sector
- Health, safety and environmental regulations managing information and data
- Principles of good scientific and clinical practice
- Understanding the healthcare sector
- Providing person-centred care
- Supporting health and wellbeing
- Infection prevention and control

