

## Level 1 Diploma

# Public Services and Sport

### Why study this course at Cronton Sixth Form?

This course is a great first step to a career in public services or the sport and leisure industry. The course provides a solid foundation of knowledge of Public Services and Sport. You will develop relevant skills and knowledge through a series of practical and work skills units. You also cover additional units such as Fitness and exercise, an introduction to expedition skills, Leadership and Customer Services.

Our tutors have a wealth of experience and will fully support your progress on the course. In addition to your main qualification, you will also have the opportunity to gain a Citizenship qualification.

After completing this course students usually progress onto a level 2 course in either Public Services or Sport.

### What will I study?

Students will cover a broad range of subjects across the sector of Public Services industries such as Emergency Services, Armed Services, Local Authority, Custodial Services, the Criminal Justice sector as well as Voluntary and Charitable Organisations.

Learners will benefit from a large selection of Industry based employees coming to visit the college to speak to students and engage them in related activities.

Students will take part in a five-day residential placement at an army base to help develop independent living skills, fitness and confidence levels and teamwork. Learners will participate in a variety of both land and water-based activities including walking in Wales, Yorkshire and Cheshire, Mountain Biking, BMX biking, as well as local bouldering, climbing, kayaking and raft building.

In the final term learners will take part in three-day expedition up in the Lake District being assessed on map reading and compass work, camp craft, teamwork and leadership as well as improving their fitness levels. Students will experience a wide variety of volunteering opportunities and benefit from our invaluable links with local and national public services. Visits from guest speakers will enhance their learning and future career opportunities. The course will give you a theoretical perspective that can be applied to practical settings, key modules are:

- Unit 1: Being Organised
- Unit 3: Working with Others
- Unit 6: Taking Part in Fitness Testing
- Unit 8: Responding to an Incident

### How will I be assessed?

You will need to produce coursework, Group Seminars, Professional Discussions and Practical Delivery are some of the assessment's methods used to achieve the modules.



### A Centre of Excellence

Students studying sport at Cronton will be part of a Centre of Sporting Excellence and will have access to the fitness suites in the new IDEA Centre. Our coaches are committed to helping young athletes develop and excel both academically and professionally.

Our extensive elite sporting opportunities include individual coaching, prestigious and high profile sporting partnerships, scholarships, links with governing bodies and an international ski trip. The focus is on encouraging and supporting every student in maximising their performance in their chosen sport.



#### Please note:

You will study your vocational course full time over one or two years. Vocational courses are assessed via a mix of projects, assessments and exams and can also offer students progression to university.

## Entry Requirements

A minimum of 4 GCSEs at Grades 9 – 2 including a Grade 2 in English Language.

## Can I study this course if I have not taken it at GCSE?

No, you do not need to have studied this subject at GCSE.

## Enrichment Opportunities

Students studying Public Services at Cronton had the opportunity to go Skiing in France and visit Barcelona, these experiences have provided them with the opportunity to travel, complete work experience, take in different cultures, grow on a personal level and make lifelong friendships.

Students also have the opportunity to take part in a full Sport enrichment programme and talented sports performers will have the opportunity to join our Centre of Sporting Excellence providing access to the fitness suites in the new IDEA Centre. Our coaches are committed to helping young athletes develop and excel both academically and professionally. Our extensive elite sporting opportunities include individual coaching, prestigious and high-profile sporting partnerships, scholarships, links with governing bodies and an international ski trip. The focus is on encouraging and supporting every student in maximising their performance in their chosen sport.

## What can this course lead on to?

The majority of our student's progress onto the Level 2 Diploma.

There are also opportunities to apply for the armed forces or to seek employment within leisure centres, health clubs or sport coaching within the UK or abroad.

## Any additional costs?

Students will be expected to purchase the course kit package that is £48.50 and make a contribution to trips and visits that are organised to support curriculum delivery.

## What have previous students said about this course?

"I love that we do a lot of physical challenges on this course, hiking trips in the Lake District, sit-ups, press-ups, weights. This course is enjoyable, achievable and friendly"

## Ofsted Outstanding 2020

### Our students

"Relationships between learners, apprentices and their teachers and assessors are excellent"

"Learners and apprentices develop their confidence, resilience and strong independence skills"



## Outstanding Facilities

Offer sports science support in the new IDEA Centre for gifted and talented students for all sports including athletics, triathlon, gymnastics, taekwondo and many more. Up to 5.5 hours of individual coaching and one-to-one specialist support for talented sports students.